

# COMPOSURE

ISSUE Nº 21

*laura mariano*





COVER CREDITS  
Earrings: Sarah Coventry  
Jacket: Calvin Luo  
Bra & Panty Set: A La Russe

WWW.COMPOSUREMAGAZINE.COM

page

03

IN THIS  
ISSUE

BEAUTY FASHION LIVING



page

12

I've had so many amazing, memorable experiences it would hard to choose just one. I will say however that I always love when there are animals around.



page

22

I won't lie, it's a constant struggle, and there is definitely no right way to do it. You have to be flexible and make it work with what's best for you and your family.



page

34

I love brands like 100% Pure and Inika. Both are vegan, cruelty-free, high quality and are mindful of using clean, non-toxic ingredients.

THE  
TEAMS

Editor in Chief — **Jane Hong**   Managing Editor — **John Hong**  
Associate Managing Editor — **Olivia Lee**   Fashion Editor/Creative Director — **Robiat Balogun**  
Feature Editor — **Min A. Lee**   Beauty Editor — **Chelsea Yusuf**   Art Director — **Ricky Riantono**

Contributing Photographer — **Karen Rosalie, Shanna Fisher, Sumanta Muth, Christopher Cruz, Emily Sandifer**   Contributing Make Up and Hair — **Jenna Garagiola, Lucy Gedjeyan, Sabrina Porsche, Sean Harris, Yuichi Ishida**

Composure Magazine (ISSN 2378-8135) is published by Composure Magazine, LLC  
Write to us at [hello@composurmagazine.com](mailto:hello@composurmagazine.com)





**Earrings:** Rebecca De Ravenel  
**Turtleneck:** Topshop  
**Dress:** Ronny Kobo  
**Tights:** Kerry Parker  
**Shoes:** Dissona

**We last spoke with Laura Marano for our December 2016 issue, and as time has passed, she’s progressed greatly as a musician and actress—something we never doubted would happen.**

STORY BY MIN A. LEE

---

She remains just as humble and delightful as we remember, and continues to pursue every endeavor with the same zeal we admire from before. Over the past two years, Marano’s shed her Disney image while flourishing as a record label founder, singer, songwriter, and producer. With new films coming out this year, Marano continues to impress us with her ability to navigate a variety of roles making each character genuine and believable.

---

PHOTOGRAPHER KAREN ROSALIE  
STYLING/CREATIVE DIRECTOR ROBIAT BALOGUN  
MAKEUP ARCHANGELA CHELSEA @CELESTINE AGENCY  
HAIR LUCY GEDJEYAN @CLOUTIER REMIX



In the past, Marano spoke honestly of her career as a journey to us, and with that same sincerity, she still takes on Hollywood’s challenges and proves nothing can stand in her way. One thing’s for sure, we’re thrilled to see what the next few years hold for her, and hopefully, we get to revisit soon again!

#### ON MUSIC

**WE’RE VERY EXCITED TO BE INTERVIEWING YOU AGAIN! FROM THE TIME YOU GRACED OUR 14TH COVER TO NOW, YOUR CAREER HAS ADVANCED WONDERFULLY, AND YOU’VE JUST DROPPED YOUR FIRST EP RECENTLY. HOW HAVE THESE WEEKS SINCE THE RELEASE BEEN FOR YOU?**

—I’m so excited to be interviewed by you guys again! So many things have happened since that cover, so we definitely have a lot of catching up to do. I remember being at the cover shoot and talking with my manager about “La La,” and if we were going to do this one performance or not. To think my first EP is finally out, and to think that I’ve been working on it since then is so incredible—the reaction has been so amazing, and I honestly can’t wait to now take these songs on the road and sing them.

**WE LISTENED TO THE ENTIRE EP—WE’RE HOOKED! WHERE DID YOU PULL INSPIRATION FROM?**

—Thank you so much! Honestly, the EP was inspired by a lot of different things in my life, especially in the last two years. It’s some of the most personal music I’ve ever worked on, and at one point, I was so scared to put it

out because of that. Now that it’s finally out, I’m beyond happy that I’ve shared a piece of myself to everyone.

**IS THERE ONE SONG FROM ME YOU FAVOR?**

—Honestly, it changes all the time. I love them all because they all show different sides of me (hence the title). It depends on the mood I’m in if I’m feeling sassy, then “F.E.O.U.” or “Lie to Me.” If I’m feeling chill and fun, then “Me.” If I’m all in my feelings, then “Let Me Cry” or “Not Like Me.”

**YOU’VE BEEN STEADILY RELEASING MUSIC VIDEOS ON YOUTUBE, CAN FANS EXPECT VIDEOS FOR “F.E.O.U.” AND “LIE TO ME” SOON?**

—Yes! I should be filming a video for one of those songs very soon.

**THE LYRICS AND VIDEO FOR “LET ME CRY” CARRIES STRONG EMOTIONS. WAS IT DIFFICULT FILMING THE MUSIC VIDEO, BEING ABLE TO MAINTAIN THAT LEVEL OF PASSION THROUGH ONE TAKE?**

—It was definitely an emotionally challenging day, but I was surrounded by a group of people that I trusted, so







**Bow:** Amazon  
**Gloves:** Gaspar  
**Dress:** Annakiki  
**Shoes:** Ritch Erani

I’ve had so many good ones, but one of the most memorable fan moments would be when I got recognized in New York City by an 11-year-old who came up to me and kissed me on the lips. She definitely thought that was a very normal way to greet people, and I was so shocked I just kind of stood there, and then I just started laughing. It was kind of hilarious.

that made it easier. I’m so incredibly proud of that video, and the whole crew who helped me make it.

**ANY PLANS TO RELEASE A FULL ALBUM IN THE NEAR FUTURE?**

—One day, for sure! Right now, I think I’m going to be focusing on some more singles and EPs, but I can’t wait for the day I release my first album.

**YOU LAUNCHED YOUR OWN RECORD LABEL, FLIP PHONE RECORDS. WHAT ARE SOME OF THE BIGGER CHALLENGES OF RUNNING AN INDEPENDENT LABEL?**

—It can be quite difficult, especially because it’s a full-time job. The biggest challenge is balancing being an artist and being a businesswoman, and knowing when to play each role.

**HOW HAS BREAKING AWAY TO BE AN INDEPENDENT ARTIST HELPED YOU DEVELOP AS A SINGER?**

—It has given me so much freedom and creative control. At the end of the day, the only people I need to please are my fans and myself. I can cut out the politics that come so easily within

the music industry.

**HOW WOULD YOU LIKE TO SEE FLIP PHONE RECORDS GROW OVER THE COMING YEARS?**

—It’s funny; I could never have dreamed of starting my own record company. I wouldn’t mind teaming up with a bigger label in the future, but right now, I’m happily forging my way on my own.

**ON ACTING**

**YOUR MOVIE THE PERFECT DATE WITH NOAH CENTINEO COMES OUT SOON ON NETFLIX. HOW DO YOU BALANCE THE FILM AND MUSIC INDUSTRIES TOGETHER?**

—It’s definitely challenging! For me, I love performing and expressing myself through art, but both industries are tough and demand different things. It’s all about balance and time management.

**WHAT’S ONE OF THE MOST FUN MOMENTS YOU HAD WHILE WORKING WITH NOAH CENTINEO?**

—He’s just the best guy. We laughed an absurd amount on set. He loves

toothpicks like he literally always had them with him, and every time he would use one, he would put on this New York accent and become this character. It was amazing.

**YOU ALSO TEAMED UP WITH YOUR SISTER, VANESSA, TO PRODUCE SAVING ZOË. THE MOVIE ADDRESSES SEX CRIMES, A TOPIC THAT’S NEVER EASY TO DISCUSS, WHAT MADE YOU DECIDE TO TAKE ON THIS FILM ADAPTATION?**

—The movie is based on the novel Saving Zoë, a book I read when I was about 11. I knew it was insanely special, so I showed it to my mom and sister, who both read it and loved it. We met with the lovely author, Alyson Noël, who granted us the film rights, and from that moment, we’ve been trying to make this film. It centers around some heavy issues, but issues we need to talk more about as a society. It’s hard to fully explain how special this project is to me. From learning more about the dark subject matter to actually filming it to working on it during post-production, it has been such a



passion project, and the fact that it's finally coming out this summer is so exciting, I think I'm going to burst from happiness.

**RECENTLY YOU'VE BEEN CAST IN THE CBS PILOT FOR THE US PROJECT. ARE YOU ABLE TO SHARE A BIT ABOUT THE CHARACTER YOU PLAY?**

—It was so fun! We filmed the pilot a couple of weeks ago. I'm going to hold off on talking about the project until I know more about what's happening with it, but I think if it comes out, people are going to love it.

**ANY OTHER NEW FILM PROJECTS COMING UP THAT YOU CAN TELL US ABOUT?**

—I just finished filming *A Cinderella Story: A Christmas Wish*, which was so much fun! It literally has everything I want in a film: a fairytale, a musical, and Christmas. I have another film in the works, but I can't quite talk about it yet.

**TO END ON A FUN NOTE—WHAT'S YOUR MOST MEMORABLE FAN MOMENT?**

—I've had so many good ones, but one of the most memorable fan moments would be when I got recognized in New York City by an 11-year-old who came up to me and kissed me on the lips. She definitely thought that was a very normal way to greet people, and I was so shocked I just kind of stood there, and then I just started laughing. It was kind of hilarious.







# COMPOSURE

## BEAUTY

**Floral Head band:** Deepa Gurnani  
**Beaded headband:** AMaggie Wu Studio  
**Earrings:** Zaxie  
**Dress:** Markarian

ISSUE #21

# EMMA DUMONT



**Headband:** Lele Sadoughi  
**Earrings:** 8 Other Reasons  
**Dress:** Pueyquinones

**PHOTOGRAPHER** SUMANTA MUTH  
**STYLING/CREATIVE DIRECTOR:** ROBIAT BALOGUN  
**MAKEUP** ARCHANGELA CHELSEA @CELESTINE AGENCY  
**HAIR** YUICHI ISHIDA  
**RETOUCH** INZAMAM FAHAD

ISSUE #21



I've had so many amazing, memorable experiences it would hard to choose just one. I will say however that I always love when there are animals around. On The Gifted we had a dog character named Zingo, who is by far my favorite cast member, and she was played by the sweetest little doggo name Finnley.

# Emma Dumont

STORY BY MIN A. LEE

**YOU'VE WORKED ON SEVERAL TELEVISION SHOWS AND FILMS SINCE YOU FIRST BROKE ONTO THE HOLLYWOOD SCENE WITH TRUE ADOLESCENTS IN 2009. IS THERE ANY SINGLE ROLE YOU'VE DONE THAT YOU FEEL MOST AKIN TO?**

—Not particularly. I don't think I am all that similar to any character I've played and hopefully, I never will be. The thing I like about acting is that I get to be different people, explore their lives and learn their skills. I would never want to play someone exactly like me, and honestly, no one else would want that either because it would make for one boring film.

Though if I had to choose one I would say I am most similar to Lorna Dane. We have similar personality traits and for the most part, parallel

political views. We also basically wear the same clothes. I remember one time I was on set, and I realized I had accidentally put on my personal shoes instead of my character shoes because they were almost identical. **WE LEARNED YOUR MAIN PASSION IS DANCING—WHEN DID YOU FIRST BEGIN TRAINING? DO YOU FEEL THE RIGORS OF BALLET HELPED PREPARE YOU FOR ACTING?**

—I started taking both tap and ballet at the age of three, and I haven't been able to stop dancing since. I would say that all of my jobs have had a physical aspect to them. My very first show was actually about four little ballet dancers in a small town, so dance obviously helped me there. But besides throwing myself on the ground while pretending to be a superhero, there are a lot of

personal things dance brought me that help me in my day-to-day work. Just the overall idea of perseverance, discipline and hard work was something that was instilled in me at such a young age that it has always stuck with me and has helped me during those late night shoots. In ballet, we learn that our bodies at times are stronger than our minds and that anything is possible with enough dedication. This is something I have always taken with me to other aspects of my life especially acting.

**THINKING BACK ON ALL THE SETS YOU'VE BEEN ON, WHAT'S ONE OF YOUR MOST MEMORABLE EXPERIENCES SO FAR?**

—I've had so many amazing, memorable experiences it would hard to choose just one. I will say



**Clips:** 8 Other Reasons  
**Dress:** Epuzer



**Hair Pins:** Kitsch x  
Justiner Marjan  
**Ring:** H. Crowne  
**Top:** Mikhael Kale



however that I always love when there are animals around. On *The Gifted* we had a dog character named Zingo, who is by far my favorite cast member, and she was played by the sweetest little doggo name Finnley. It is just such an amazing, uplifting thing to have an animal on set, and it can always turn your day around or put a smile on your face. I only ever got to have two scenes with Finnley, and they were definitely the best.

**CAN YOU SHARE WITH US WHAT’S NEXT FOR YOU?**

—I’m actually getting ready to try something new. I am going to Shanghai to do a reality competition show about robotics. I love robotics and competition, but I’m completely unfamiliar with how these types of shows film so I’m excited to try it out. It might be weird being filmed as myself and not as a character, but hopefully, I’ll get used to it. Basically, my role is that of a team captain, and I get to recruit different robots to my league. I’m so excited. I think it’s gonna be a ton of fun!

**OUTSIDE OF HOLLYWOOD, YOU’RE A MEMBER OF THE RENOWNED MENSA ORGANIZATION AND STUDY MECHANICAL ENGINEERING! HOW DO YOU JUGGLE TWO VERY DIFFERENT WORLDS?**

—Honestly, I just make time for everything. I’m still living one life—it just has a few separate aspects to it. Sometimes I do feel a little bummed when all of my cast mates get to go do fun things on their off days, and I’m stuck at home doing homework, but someday it will be worth it. It’s really important to me to keep getting an education while I’m working because engineering is still something I am so passionate about. I never want to be in a spot where it

doesn’t have some sort of place in my life.

**LET’S GET INTO SOME BEAUTY QUESTIONS! MAKEUP FOR TV AND MOVIES CAN BE TOUGH ON SKIN, HOW DO YOU TAKE CARE OF YOURS WHEN YOU HAVE A HEAVY FILM SCHEDULE?**

—My real beauty secret is more of an embarrassing fact. I actually didn’t have any sort of skincare regimen until a few years ago, so for the seven or eight years that I modeled or acted I honestly can’t even remember what I did for my skin. It was terrible. I would sleep with makeup on, and I wouldn’t moisturize, so bad. BUT a few years ago my amazing makeup artist Jenny Lin introduced me to an amazing line of products by a company called Skyn Iceland. I have a very specific skin type. My skin is super thin, super sensitive and very dry. Jenny definitely taught me the importance of taking care of your skin along with finding the right products for your skin type.

Now I’m very particular about my skincare. I have to use a lot of moisturizers to make sure I keep my skin from peeling or cracking, and when I do have some dryness, I like to use a liquid exfoliator to get rid of all the dead cells and build up. Also, maybe the most important thing I do for my skin is using sun protection. If I’m going outside, I put on sunscreen even if it’s cloudy out. I have to because my skin burns so easily. I honestly can’t stress enough how important sunscreen is.

**HAVE YOU LEARNED ANY COOL MAKEUP HACKS OVER TIME FROM THE MAKEUP ARTISTS ON SET?**

—There are two things I learned from back in my theater days that don’t

really apply to set, but they’re the only tricks I know. One is that you can use Kool-Aid mix to stain your lips, which is delicious and long-lasting. The other is that you can use hairspray as a setting spray. I’m pretty sure these aren’t secrets though. Everyone knows them, but they’re all I got.

**WHAT’S THE BEST PIECE OF BEAUTY ADVICE YOU’VE BEEN GIVEN UP TILL NOW?**

—“Never let anyone touch your eyebrows.” So many makeup artists told me this when I was modeling in my teens. I had these very specific, straight, almost sad looking eyebrows. I think people liked them maybe because they were different and it seemed like everyone was encouraging me to never change them. I did not listen. I think if I hadn’t started acting, I would have kept them, but I like to change my eyebrows according to the character I’m playing. They play such an important role in the way we look, and I think they are too often looked over.

**TOP TWO SKINCARE PRODUCTS YOU CAN’T LIVE WITHOUT?**

—Skyn Iceland Antidote Cooling Lotion . Anything Laneige, but specifically their Lip Mask

**FINALLY, LET’S END WITH SOME MAKEUP BAG FAVORITES:**

**FOUNDATION?** Koh Gen Do – Moisture Foundation

**CONCEALER?** Fenty – Match Stix Eyeshadow? Love an Urban Decay Palette

**EYELINER?** I usually use shadow as a liner, but I love the Marc Jacobs Highliner Crayon

**LIPSTICK?** MAC Viva Glam I – It is the ultimate red lip

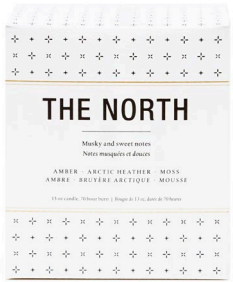






# Beauty Editors Pick

STORY BY MIN A. LEE



**VANCOUVER CANDLE CO. THE NORTH**  
This musky with the sweet notes candle will help to sooth and calm your mind, perfect for this Spring season. —\$70.00



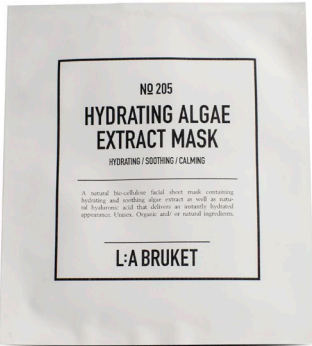
**NOT YOUR MOTHER'S CURL TALK SHAMPOO**  
Say goodbye to dry curly hair. This shampoo will hydrate your curly hair without over-cleansing it. Most importantly, it also helps to retain the curl shape. —\$7.99



**CANNUKA CBD CALMING EYE BALM**  
With its CBD's powerful anti-inflammatory properties, this product will help relieve skin, reduce dark circles, and puffiness. The Manuka honey property in it will repair the top layer of the skin especially for your under eye area to retain its moisture. —\$38.00



**LAVIDO AROMATIC BODY OIL**  
With the mixture of vanilla and patchouli scent, this body oil will help to increase the elasticity in the skin and give the glow that you need for this Spring season. —\$35.00



**L:A BRUKET HYDRATING ALGAE MASK**  
This is a skin mask. It is perfect for any type of skin and it will hydrate, sooth, and calm your skin. —\$75.00



**PYT COURTSIDE HIGHLIGHTER**  
Get that natural dewy skin using this highlighter. Apply this product on the high points of your face to get that illuminance skin. —\$22.00



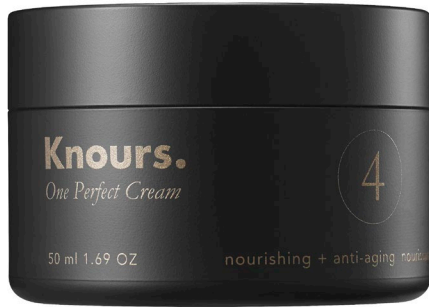
**MAKEUP GEEK COSMETICS RETRACTABLE EYELINER IN NUDE**  
Line and define your eyes with this highly pigmented retractable eyeliner. Tips: use this product on your lower lashes to make your eyes look bigger. —\$11.99



**PHYTO-C HYPER HYDRATE SERUM**  
For you who have extremely dry skin, this product will be a good fit for you. It uses 3 weights of hyaluronic acid that can seriously replenish dry skin within days!



**BOSCIA SKIN PERFECTING BB CREAM BROAD SPECTRUM SPF 30**  
If you are looking for your everyday bb cream, this product will fit you. With its blue light active rich blend, it will help to protect your skin from blue-light radiation and free radical damage. Use this product daily to perfect your skin from any discoloration. —\$38.00



**KNOURS ONE PERFECT CREAM**  
One product to get that perfect glowing skin. Use this cream AM and PM everyday to hydrate and brighten your skin. —\$48.00



**PHYTOCOLOR COLOR PROTECTING MASK**  
Protect and nourish your colored hair using this mask. Apply this product once a week to get that perfect shiny and bouncy hair. —\$26.00



**TUEL C POWER ANTIOXIDANT VITAMIN C SERUM**  
This super-powered serum does it all! It brightens, fights aging, exfoliates, and protects your skin. Use this product every morning and night to achieve the best result. —\$62.00



**REVLON VOLUMAZING MASCARA**  
For you who want bigger and fuller lashes, this mascara will be your next go to mascara! This product is rich in color and has an incredible amplification of every lash that can last for up to 24 hours!. —\$8.99

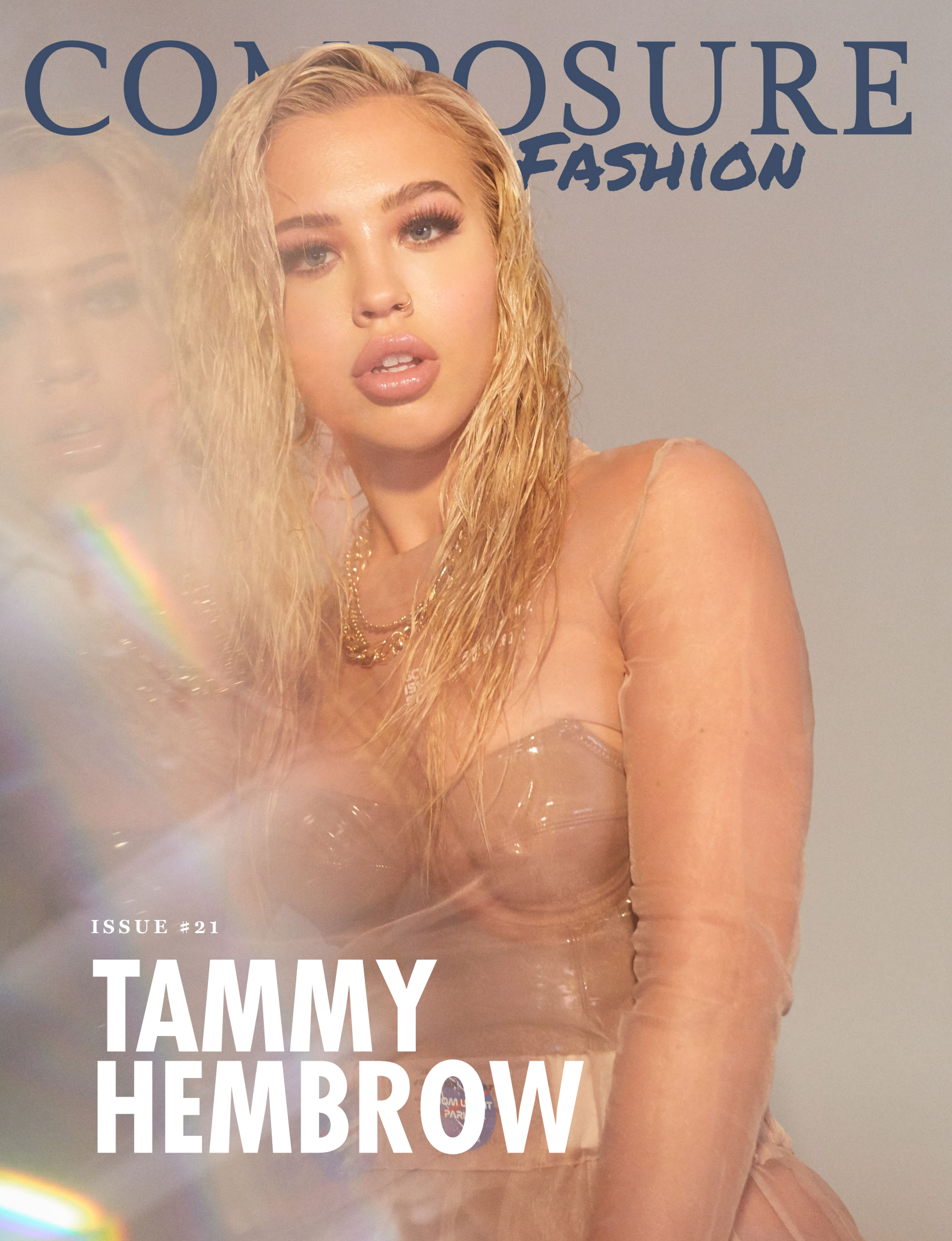


**DR. HAUSCHKA SHOWER CREAM**  
This shower cream is gentle for any type of skin and it is formulated with natural extract and essential oil. Use this product every time you shower to get that perfect hydrated looking skin everyday! —\$12.00



**PHYSICIAN FORMULA ROSÉ ALL STAY ILLUMINATING SETTING SPRAY**  
Set your makeup and boost your skin to get that illuminance complexion using this product. Spray this product anytime and anywhere you want!. —\$12.95





# COMPOSURE FASHION

ISSUE #21

# TAMMY HEMBROW



Earrings and rings: Amerie 1936  
Jacket: IH NOM UH NIT  
Jacket: ANNAKIKI

PHOTOGRAPHER CHRISTOPHER CRUZ  
STYLING/CREATIVE DIRECTOR: ROBIAT BALOGUN  
MAKEUP SEAN HARRIS @THE ONLY.AGENCY  
HAIR SABRINA PORSCHE

ISSUE #21



I won't lie, it's a constant struggle, and there is definitely no right way to do it. You have to be flexible and make it work with what's best for you and your family.

# Tammy Hembrow

STORY BY MIN A. LEE

**AT JUST 25 YEARS OLD, YOU'VE CREATED A FITNESS EMPIRE! LOOKING BACK, WHAT TRIGGERED YOU TO START THIS INCREDIBLE JOURNEY?**

—Fitness for me has always been more [about] what it does for my mind. When I work out, I feel so much stronger physically and mentally. It helps clear my thoughts and re-focus. I never thought fitness would become a career for me, but when I started showing my results, everyone wanted to know how. It made sense for me to follow this journey and help others.

**WITH RISING SUCCESS, THERE'S ALWAYS HARDSHIPS AND MISCONCEPTIONS. HOW DO YOU STAY GROUNDED AND PASSIONATE ESPECIALLY WHEN HAVING TO MAINTAIN A STRONG ONLINE PRESENCE?**

—It's a lot tougher than I ever imagined. I've learned along the way that I can't please everyone. With love comes hate, and I have no

control over that. I try not to let it get to me, and I remind myself of who I am, not who people think I am, and how I got here.

**YOU HAVE TWO ADORABLE LITTLE ONES! PARENTHOOD IS FILLED WITH JOY AND CHALLENGE. HOW DO YOU BALANCE MOTHERHOOD AND BEING A CAREER WOMAN?**

—I won't lie, it's a constant struggle, and there is definitely no right way to do it. You have to be flexible and make it work with what's best for you and your family. My children will always be my first priority, and I take them with me as much as I can.

**YOU FOUNDED THE POPULAR ATHLEISURE LINE SASKI COLLECTION. HOW DID THIS VENTURE BEGIN?**

—Fitness and fashion have always been my two passions so combining them together made total sense to me. Saski Collection doesn't feel like work for me. I love designing new collections and seeing them being

worn by strong, confident women!

**WHAT'S BEEN THE BEST PART OF BEING ABLE TO RUN YOUR OWN LABEL?**

—Seeing my creations come to life! It's quite a long process because I'm not that great at drawing (haha). It's rare that everyone gets what I mean straight away. I love being able to help women feel more confident and comfortable when working out (and in general). I still pinch myself when I see girls wearing my collections.

**LET'S GET INTO A COUPLE OF QUICK STYLE QUESTIONS! OUTSIDE OF ATHLEISURE, WHAT ARE SOME OF YOUR FAVORITE FASHION LABELS?**

—ARE YOU AM I, Daisy, and I.AM.GIA.

**FINALLY, WHAT'S YOUR MOST TREASURED FASHION PIECE?**

—My bags! I have so many, and I can't stop buying them. Send help!



**Earrings:** Outhouse Jewellery  
**Bra and Briefs:** AyA by DK  
**Shoes:** Jeffrey Campbell





**Earrings:** The M Jewelers  
**Necklace:** DALMATA  
**Corset:** House CB  
**Top and Pants:** IH NOM UH NIT





**Jacket:** ANNAKIKI  
**Briefs:** Vex Latex



**Earrings:** Madame Baloge  
**Dress:** Epuzer



All Things  
Bright and Beautiful

FILL YOUR CLOSETS WITH DARING  
SHADES OF RED, PINK AND ORANGE!  
STORY BY MIN A. LEE



Phase Eight Audrey Blouson  
Sleeve Jumpsuit, \$225,  
[phase-eight.com](http://phase-eight.com)



Zara Blouse, \$39.90,  
[zara.com](http://zara.com)



KAYU Jen with Turquoise Stone  
Clutch, \$235, [kayudesign.com](http://kayudesign.com)



Maison Michel Paris Carolyn headband,  
\$326, [michel-paris.com](http://michel-paris.com)



Bahimi Truffle-Tini Bikini Top and  
Bottom, \$27 and \$24,  
[bahimi.com](http://bahimi.com)



Zara Floral Print Dress,  
\$69.90, [zara.com](http://zara.com)



Alberta Ferretti It's A Wonderful Day  
Crewneck Sweater, \$495, [fwd.com](http://fwd.com)



Maggie Wu Studio Forever Silk  
Scrunchie, \$28, [maggiewustudio.com](http://maggiewustudio.com)



Marni Mini Coin Purse,  
[marni.com](http://marni.com)



KAYU Mini Lolita Bag  
\$145, [shop.kayudesign.com](http://shop.kayudesign.com)



Damsel In A Dress Eden Contrast Print  
Shirt, \$144, [damselinadress.co.uk](http://damselinadress.co.uk)



Marni Earrings, [marni.com](http://marni.com)



Christian Louboutin So Kate Booty,  
\$1295, [us.christianlouboutin.com](http://us.christianlouboutin.com)

RUNWAY IMAGES



Mazelle Studio



Celine



Valentino



LONTESSA



Calvin Klein



# Jamie Chung x 42 Gold Story by Robiat Balogun



# FASHION STORY



42Gold Belize Sandal  
Modern Snake \$89



42Gold Bermuda Espadrille  
Mule Sand Suede \$79



42Gold Castle Mule Black  
Leather \$120



42Gold Kensington  
Boot Sand \$160



42Gold Linx Sandal Pink  
Quartz \$140



42Gold Overcome Mule  
Tobacco Suede \$130

ACTRESS JAMIE CHUNG RECENTLY LAUNCHED her latest collaboration with Chinese Laundry's new line 42 Gold. The elegant collection of heels, sandals, and mules are a smart balance between style and comfort. Chung aimed to create quality shoes with contemporary designs that can be worn for hours on end. Versatile and affordable, it's hard to choose just one pair. They've truly made a collection that you can easily rotate seven days a week.

Chinese Laundry is already a solid force within the footwear industry. From their first days in 1971 to now, they've released CL by Laundry, Dirty Laundry and Kristin Cavallari with high success, and we're excited to see 42 Gold soar as well.

After viewing the new collection at their opening event, we got a quick inside look to the line's beginnings with their Marketing Director Ashley Thomas.

**How did the Jamie Chung x 42 Gold collaboration come about? What drew the brand to Jamie as an influencer?**  
As an actress, dog mom, and influencer Jamie Chung embodies the spirit of the brand. The designs are elevated yet comfortable and are crafted for the girl on the go. When looking for a partner, we wanted someone who represented the brand DNA, and Jamie Chung embodies everything we were looking for.

**As a part of the popular Chinese Laundry label, what steered the idea to launch the 42 Gold line?**  
As a heritage brand, we look at 42 Gold as a bridge between where Chinese Laundry is currently and our future. We are excited because it represents the evolution of our customer. Through 42 Gold we will continue to grow and evolve as our customer "Steps into her Own."

**How would you describe a 42 Gold woman?**  
42 Gold is for a woman with goals: whether it be in her career, family, fitness, health, or education. The styles are designed to be worn from desk-to-dinner. The 42 Gold woman knows who she is and who she is not. She desires attainable luxury to both look and feel good.

**Are there more influencer collaborations coming up?**  
Definitely! There isn't one woman who represents the brand. To capture the spirit of the women who inspire the line, we will have other amazing women collaborate with 42 Gold. Stay tuned...





# COMPOSURE

## LIVING

ISSUE #21

# DANIELLA MONET



PHOTOGRAPHER SHANNA FISHER  
STYLING/CREATIVE DIRECTOR: ROBIAT BALOGUN  
MAKEUP ARCHANGELA CHELSEA @CELESTINE AGENCY  
HAIR LUCY GEDJEYAN @CLOUTIER REMIX

ISSUE #21



I love brands like 100% Pure and Inika. Both are vegan, cruelty-free, high quality and are mindful of using clean, non-toxic ingredients.

# Daniella Monet

STORY BY MIN A. LEE

**WE'RE VERY EXCITED TO HAVE YOU GRACE OUR FIRST COMPOSURE LIVING COVER! TO BEGIN, YOU BECAME VEGETARIAN AT THE AGE OF FIVE FOLLOWING AN EYE-OPENING VISIT TO A RANCH. NOW AS AN ENTREPRENEUR BRINGING ETHICAL COMPANIES TO THE FOREFRONT, DID YOU EVER THINK THAT YOUR EXPERIENCE WOULD LEAD TO ALL THESE GREAT DEVELOPMENTS?**

—I think deep down, as a kid, I knew I was capable of creating change in a big way. I didn't know exactly what that meant at the time, but as I matured, I realized my own potential. Being a part of developing these conscious businesses has been one of the more gratifying positions I've ever had.

**YOU'VE STARRED IN NUMEROUS TV SHOWS AND FILMS. WITH RECURRING ROLES ON VICTORIOUS AND WINX CLUB TO NOW HOSTING THE POPULAR NICKELODEON SHOW PARADISE RUN, DO YOU**

**FEEL ACTING HAS GIVEN YOU A STRONGER PLATFORM TO PROMOTE CONSCIOUS LIFESTYLE HABITS AND ANIMAL RIGHTS?**  
—Absolutely, and I'm so grateful for that. It's been so special to share part of my real life and who I really am with people who have grown up watching me. Having a following of any kind is a responsibility, and I take a lot of pride in being my authentic self.

**FOR SOME, THE TRANSITION TO VEGAN CAN BE DIFFICULT. WHAT ARE YOUR TOP TWO TIPS FOR THOSE THAT WANT OR ARE STARTING TO CHANGE THEIR DIET?**  
—Keep options handy. If you aren't someone to stock your fridge or pantry, it may be the time to start. Having quick and easy snacks or meals available makes life so much easier. Another tip would be to start with one day at a time. Some can cold turkey (no pun intended) make the switch, but I recommend becoming

a conscious eater first. Meaning, think before you eat, and eventually, you won't really have to. Start with substituting a handful of meals per week with plant-based meals; see how it makes you feel and add in more as you go!

**YOU CREATED A NEW COMPANY CALLED KINDER BEAUTY. CAN YOU TELL US MORE ABOUT THIS?**  
—Kinder Beauty Box is a 100% vegan and cruelty-free subscription beauty box curated by myself and Evanna Lynch. We strive to bring high quality, ethical products to your doorstep at a cost-effective price. To give back in more ways than one, we donate a portion of our proceeds to our favorite animal rights and environmental organizations. Our ultimate goal is to end animal testing altogether. We believe that by providing kinder options, we can do just that.

**YOU'VE ALSO PARTNERED WITH A COUPLE OF COMPANIES**





**OUTSTANDING FOODS AND SUGAR TACO—HAS IT BEEN CHALLENGING OR DO YOU FIND THE RISE IN POPULARITY FOR VEGANISM HAS HELPED WITH BUILDING THE BUSINESSES?**

—The rise in popularity for veganism has made every challenge or obstacle that much more worth it. The teams behind both Outstanding Foods and Sugar Taco care about meeting the needs of the masses and providing food that’s absolutely delicious. It’s incredibly empowering to work alongside some of the most impactful, strategic investors in the business. I’ve learned so much and now can implement that in so many future endeavors.

**THE BEAUTY LANDSCAPE IS CHANGING RAPIDLY TO PUSH FOR MORE NATURAL, CRUELTY-FREE PRODUCTS. DO YOU HAVE A BEAUTY BRAND YOU’D HIGHLY RECOMMEND?**

— I love brands like 100% Pure and Inika. Both are vegan, cruelty-free, high quality and are mindful of using clean, non-toxic ingredients.

**AND AN ETHICAL CLOTHING BRAND?**

—Clothing is slightly trickier. My approach is to just not over consume and when I do shop, I strive to spend my money on apparel that I know is made ethically. I’m still searching to find a one-stop shop!

**WHAT ARE SOME OF YOUR FAVORITE VEGAN RESTAURANTS AROUND LA?**

—My fiancé and I just ate at Pura Vita in West Hollywood, and it was delicious! It’s a small Italian restaurant with a bit of an East Coast vibe inside. The atmosphere and food were an A+. Other than that, we love Hope in Studio City or Plant Food and Wine in Venice for a special occasion!

**FOR FUN, CAN YOU SHARE WITH US A DELICIOUS VEGAN DESSERT RECIPE TO TRY AT HOME?**

—These are crowd pleasers!

**NO BAKE CHOCOLATE PEANUT BUTTER OATMEAL COOKIES**  
**INGREDIENTS**

- 2 cups sugar
- ½ cup vegan butter
- ½ cup semi-sweet chocolate chips
- ½ cup almond milk
- 1 tsp. vanilla
- 1 cup peanut butter
- 3 cups quick oats

**INSTRUCTIONS**

1. In a large saucepan over medium heat, combine sugar, vegan butter, chocolate chips, and almond milk and bring to a boil. Cook for about minute.
2. Remove from heat.
3. Stir in the vanilla, peanut butter, and oats - stirring well after each ingredient.
4. Drop spoonfuls onto waxed paper and let set for about 1-3 hours. You can put them in the fridge or freezer to speed it up—I did.



**Necklace:** Her own  
**Bra, Top & Pants:** Maggie Wu Studio



**Earrings:** Zaxie  
**Bracelet:** Gabriel New York  
**Dress:** Retrofête  
**Shoes:** Pollice Lee



**Earrings:** The M Jewelers  
**Necklace:** A Little Too Much  
**Rings:** Vanna K for Bella Luce  
**Dress:** House CB

**Bracelets:** Néron Designs by Caroline  
Néron & Gabriel New York  
**Dress:** Rixo  
**Shoes:** Pollice Lee







**Necklaces:** Spell & The Gypsy Collective  
& Néron Designs by Caroline Néron  
**Top:** Self Portrait  
**Jeans:** RtA Brand







#### KINDER BEAUTY BOX

From Daniella Monet and Evanna Lynch, the Kinder Beauty Box is a compilation of all their vegan and ethical beauty favorites. High-end luxury options for those wanting to lead a more conscious lifestyle. Plus, a portion of proceeds goes to support great causes. —**\$24/MONTH TO \$239.40/YEAR**  
*kinderbeauty.com*

#### CRYSTAL HILLS CRYSTAL LOVE BATH SALTS

We sometimes forget that part of conscious living is to be kind to ourselves as well. We fell in love with Crystal Hills' bath salts for their calming scents, but also the carefully selected organic and vegan ingredients and crystals. —**\$40**  
*crystalhills.com*



#### OUR SUMMER FAVORITE: IMPALA QUAD SKATE IN PINK

A fun shout-out for LA's skating culture, Impala Rollerskates uses 100% Peta Approved materials and ethical manufacturing to create their skates. The brand works to keep its company conscious by also sharing to charitable causes. —**\$95**  
*impalarollerskates.com*



#### ANGELA ROI GRACE MINI CROSS-BODY

Angela Roi strives to create functional and stylish bags while making a stand against child labor by using vegan-friendly materials and ensuring bags are produced in factories that are safe and provide fair wages. —**\$195**  
*angelaroi.com*



#### PATH WATER

Water is the most consumed drink on this planet. With a sustainable and locally-sourced reusable aluminum bottle, Path Water provides purified water while pushing to end the use of plastic bottles. — **\$2.45/BOTTLE**  
*Amazon and drinkpathwater.com*



#### OWN COCONUT + MANGO DEODORANT

Deodorant can be tricky! We found a brand that uses coconut as a base ingredient, and also uses at least 50% post-consumer recycled plastics in their packaging. Where's the absorption power come from? Arrowroot powder—great for soaking up oil and healing skin. — **\$7.50**  
*Whole Foods and ownbeauty.com*



#### KAYU THE ISLAND JUNKIE GIFT BOX

Kayu brings you handmade and locally-sourced products. They try to avoid the need for machinery and energy consumption. We fell in love with their curated boxes of natural oils and small gifts collected from their travels abroad. — **\$69**  
*shop.kayudesign.com*



# COMPOSURE

## ONES TO WATCH

COVER CREDITS  
Hair Barrettes: 8 Other Reasons  
Earrings: Vanessa Mooney  
Top & Pants: Alice McCall

ISSUE #21

# JADE CHYNOWETH



Earrings: The M Jewelers  
Dress: Alice McCall

PHOTOGRAPHER EMILY SANDIFER  
STYLING/CREATIVE DIRECTOR: ROBIAT BALOGUN  
MAKEUP ARCHANGELA CHELSEA @CELESTINE AGENCY  
HAIR JENNA GARAGIOLA @CLOUTIER REMIX

ISSUE #21



For me, acting and dancing are both about telling a story. I feel like whenever I’m doing one, it also improves my abilities at the other. I just put as much time as I can into being the best version of myself and hope that it shines through in my work and performance.

# Jade Chynoweth

STORY BY MIN A. LEE

**AS A YOUNG DANCER AND ACTRESS IN HOLLYWOOD, WHAT CHALLENGES HAVE YOU HAD TO OVERCOME, ESPECIALLY WITH RELOCATING FROM UTAH TO LOS ANGELES?**

—Online school was always a challenge, especially when you’re working day and night with some jobs. There’s never a set schedule, so you end up doing school work at odd hours. I also missed out on a lot of social events like football games, prom, and just hanging out. That being said, I was fortunate enough to have a good foundation with family and friends in both Utah and LA, so I always felt like I had support wherever I was.

**YOU STAR IN YOUTUBE’S STEP UP: HIGH WATER, CAN YOU SHARE WITH US HOW THIS CAME ABOUT?**

—I think it was a combination of just trusting the process and timing. The directors said that when they were writing the script, they had me in mind as Odalie. They had watched my dancing online, and Jenna Dewan really went to bat for me. From there, they reached out to my team, and everything came together.

**HOW DO YOU BALANCE OUT ACTING AND DANCING? BOTH REQUIRE A LOT OF WORK AND TIME.**

—For me, acting and dancing are both about telling a story. I feel

like whenever I’m doing one, it also improves my abilities at the other. I just put as much time as I can into being the best version of myself and hope that it shines through in my work and performance.

**YOU PARTNERED WITH FIT2BEIT TO CREATE PERSONALIZED WORKOUTS AND NUTRITION PLANS AVAILABLE TO ANYONE. HOW HAS THIS HELPED YOU GROW AS A DANCER AND INSTRUCTOR?**

—I feel like having been a part of the entertainment world has forced me to take a greater stake in my health at a young age. If you aren’t healthy, you won’t last long in anything that





you do, especially dance or acting. I just want to share the message that you aren't alone in your health journey and that investing in yourself is always worthwhile. I guess this has helped me to grow in staying accountable to myself and the people who see me as an example.

**WITH ALL YOUR SUCCESS, YOU'VE REMAINED EXTREMELY GROUNDED AND SELF-AWARE—WHAT HAS HELPED YOU KEEP THIS MENTALITY?**  
—First of all, thank you! For me, it's having surrounded myself with good people, especially my family. They always encourage me to be authentic and try to make good decisions. They are also very involved in the business side of my career, so I always have a lot of sound advice and am able to bounce ideas off of them and my team. Having a great support system is key.

**WHEN YOU GET A BIT OF TIME TO YOURSELF HOW DO YOU SPEND IT?**  
—I love to spend time with friends and sleep in! I also love to hike and spend time outdoors whenever I can. Whenever things slow down a bit, I love to binge watch movies and play rock band.

**ANY FUTURE WORKS IN PROGRESS YOU CAN TELL US ABOUT?**  
—I just finished filming Max Winslow and the House of Secrets so keep your eyes out for that! We are also planning a lot of fun stuff with my partnerships with Puma and Fit2beit, as well as renovating a cute house back in Utah! I try to keep myself pretty busy doing things that I love or have an interest in learning about.

**HOW DO YOU HOPE YOUR CAREER ADVANCES OVER THE NEXT FEW YEARS?**  
—As far as acting goes, I definitely

have dreams of being the lead as an action hero or villain in a feature film. I also want to keep growing as a businesswoman and a leader. I think it's important to do my best to be an example for other young women to be strong and follow their dreams.

**TO END, WHAT'S ONE IMPORTANT THING YOUR FANS HAVE TAUGHT YOU?**  
—I've learned that authenticity is key to having longevity in this industry. If you aren't yourself, people will eventually see through that, or you'll just be unhappy trying to be something you're not. In any position of influence, you voluntarily put your life under the microscope. I realized that it's important that I present myself in a real way and have enough self-love to shake off any negativity. I want people to be a fan because I actually do something cool and stand for something genuine.

**First of all, thank you! For me, it's having surrounded myself with good people, especially my family. They always encourage me to be authentic and try to make good decisions.**

**Earrings:** 8 Other Reasons  
**Dress:** Aida KaaS  
**Boots:** Daniella Shevel







**Earrings:** 8 Other Reasons  
**Dress:** Laurence & Chico  
**Shoes:** House CB



# COMPOSURE

