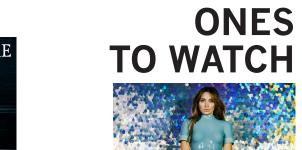


ISSUE



COVER CREDIT Earrings: Leciel Designs **Dress:** Falguni Shane Peacock





My childhood was spent with my grandfather, who was a doctor and was really passionate about medical discoveries and helping his patients.

BEAUTY



I'm a very faith-focused person, and so I believe it was truly a God thing. My older sister was auditioning for a film, and I was in the waiting room with our mom.

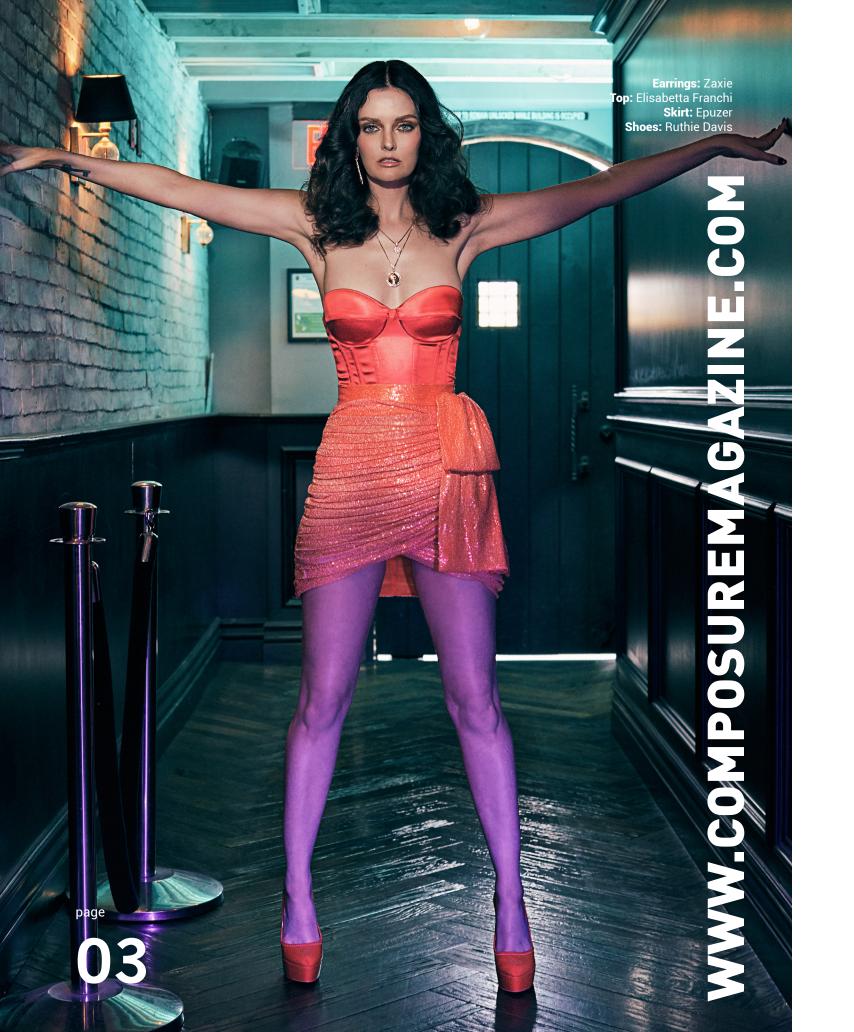
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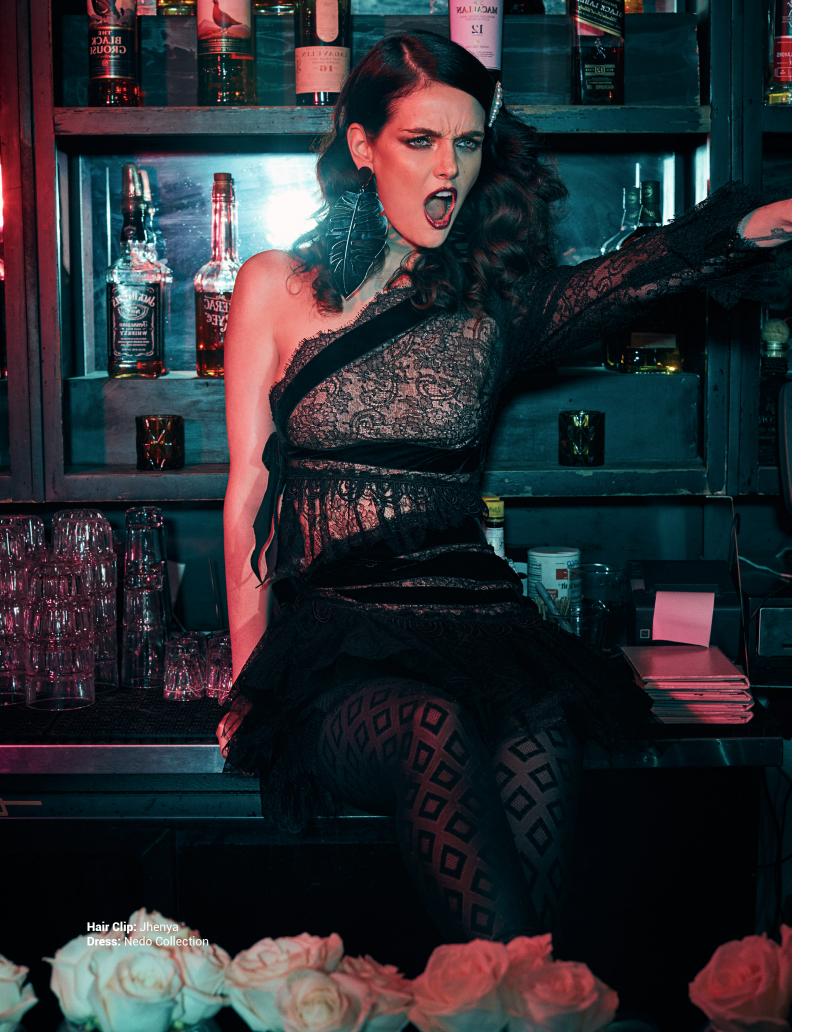
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Lydia Hearst radiates confidence on the set for Composure's 22nd cover shoot. Even through all the style changes, the hair, the makeup, her consideration of others is unparalleled.

STORY BY MIN A. LEE

She moves so beautifully in front of the camera; it makes us speechless. We can see what attracted legendary photographer Steven Meisel to her in 2004, sparking her career as a supermodel—this almost otherworldly combination of intellect, allure, and calm self-assurance.

PHOTOGRAPHER RYAN WEST
STYLING/CREATIVE DIRECTOR ROBIAT BALOGUN
MAKEUP ARCHANGELA CHELSEA @CELESTINE AGENCY
HAIR LUCY GEDJEYAN @CLOUTIER REMIX
NAILS NAOKO SAITA

With multiple projects on the horizon, we took a bit of time to catch up on Hearst's latest movies Between Worlds with Nicholas Cage and her role as Abigail Folger in The Haunting of Sharon Tate. Hearst never takes any show or film she's been cast in lightly; heavily researching out her parts and trying to bring believable characters to the screen is why we admire her work as an actress.

Humble by nature, and to many of us a true icon, we're excited to share with you Lydia Hearst's latest ventures and a brief look into her style for our Summer Fashion Issue.

WE LEARNED THAT YOU HAVE A SERIOUS LOVE FOR THE HORROR GENRE! WHAT SPARKED THIS INTEREST?

-I have loved watching horror movies since my youth, and it all started with fairy tales. Yes, fairy tales! On the surface, most people may find them to be extremely different, but in fact, fairy tales and horror films operate under similar guidelines. In a fairy tale, we know that eating an apple or pricking your finger is never a good idea, the stepmothers are always evil, wishes come at a price, and a gingerbread house in the forest should be avoided at all cost. Just as we know that horror movie characters should never, ever wander off alone to investigate a strange noise, say "I'll be right back," read aloud from a book made of human skin and that foul-mouthed locals lurking around the RV or cabin at dusk are always bad news. Both of these genres have an absolute evil, and characters are punished for their carelessness, lust, deceit, and pride.

FIRST HORROR FILM YOU WATCHED?

—I honestly don't remember. The first film I watched must have been when I was around three, maybe four. I grew up on films like Return To OZ, The Watcher in the Woods, Fright Night (the 1985 version), Army of

Darkness, and Gremlins—which is still to this day my favorite Christmas movie.

YOU HAVE SEVERAL MOVIES IN PRODUCTION RIGHT NOW. ARE THERE ANY PARTICULAR ONES YOU'RE VERY EXCITED FOR—PERHAPS A PEEK INTO THE ROLES YOU'VE BEEN CAST IN?

—Between Worlds, which just came out on Netflix, is a dark, psychological thriller. I play Mary, the wife of Nicolas Cage, who died tragically in a fire. But instead of mov-ing on, Mary cannot let go of her former life and in turn, possesses a young woman's body. She is determined to settle her unfinished business with the living.

I have a small role in Grace and Grit, which is based on the best-selling true story; it's one of courage, connection, and love beyond life.

The Haunting of Sharon Tate is both a psychological and a spiritual film. The plot is inspired by an actual quote from Tate, from an interview published a year before her death in Fate Magazine, wherein she reveals having dreams about ghosts haunting her house and foreseeing



her own death at the hands of a satanic cult. I put a lot of time and effort learning all that I could about Abigail Folger and did my best and due diligence to respectfully portray the person I was hired to play. Having the opportunity to portray someone who is real, and a story like this is a truly humbling experience. This film was incredible to be a part of and not only broadened me as a human being but stretched me as an actor. We all worked extremely hard and put a lot of love, effort, and care into portraying these people and telling this story.

I have three projects that I am currently preparing to film before the end of this calendar year, which I am very excited about. I am not at liberty to go into detail at this point in time. But, I can say that each role will be an exciting new challenge, and I am very much looking forward to filming.

GROWING UP WATCHING YOUR MOTHER ACT, WHAT MOMENTS INSPIRED YOU TO PURSUE THE INDUSTRY?

-For as long as I can remember, I have been drawn to the entertainment industry. I remember growing up watching my mom walk the catwalk for Thierry Mugler, and act in various John Waters films. It all seemed so magical and fantastic—I just knew that it was a world I wanted to be a part of.

OUTSIDE OF A FLOURISHING ACTING CAREER, YOU'RE A RENOWNED FASHION MODEL. SINCE YOUR VERY FIRST VOGUE COVER IN 2004 TILL NOW, CAN YOU SHARE WITH US YOUR MOST MEMORABLE JOB?

-My life changed overnight when I did a cover and editorial for Vogue Italia by Steven Meisel. However, if I'm being completely honest, my true creative passion is acting. I find myself drawn to character-driven roles and scripts where I'm forced to challenge and change myself, both physically and emotionally. With acting, every project and every role is a new adventure. I love to challenge myself; that's a huge part of what draws me to a part. I have been extremely fortunate in my career. Every job and each opportunity has been memorable and helped me to grow as an individual and a performer.

AS OUR FASHION COVER THIS ISSUE, HOW WOULD YOU DESCRIBE YOUR STYLE PREFERENCES?

—My personal style is rather eclectic and always changing. I think that I've recently become more comfortable with being myself and not trying to fit into whatever mold people have tried to project onto me in the past. And, perhaps that comes with a combination of maturity, confidence, and finding someone who truly loves and appreciates me as I am. As far as I'm concerned, there is no such thing as bad fashion; it is all a form of self-expression.

WHAT'S ONE THING IN YOUR CLOSET YOU FIND YOURSELF REACHING FOR THE MOST LATELY?

-I pretty much always reach for a Louis Vuitton handbag.

FASHION ICONS YOU ADMIRE?

-Emma Watson – Her commitment to helping women and others is completely genu-ine. She really brings political activism into a whole new light and is not abrasive about it. Greta Thunberg – You may not be familiar with who she is, but you should be. This inspirational 16-yearold from Sweden has spent the last





Summer Brilliance

SPEND THE SEASON WEARING OUR FAVORITE NEUTRAL!





Maison Miru Octavia Ear Jackets, **\$89**, maisonmiru.com

Valentine Witmeur Lab

Orientalist Bis, \$150,

valentine witmeurlab.com



Zara Denim Overall Dress with Topstitching, \$29.90, zara.com



Attico White Belt, theattico.com





Kestan Burke Crossbody Bucket in Cream, \$135, kestan.co



Bally Plain Calf Leather Low-Top Sneaker, **\$525**, bally.com





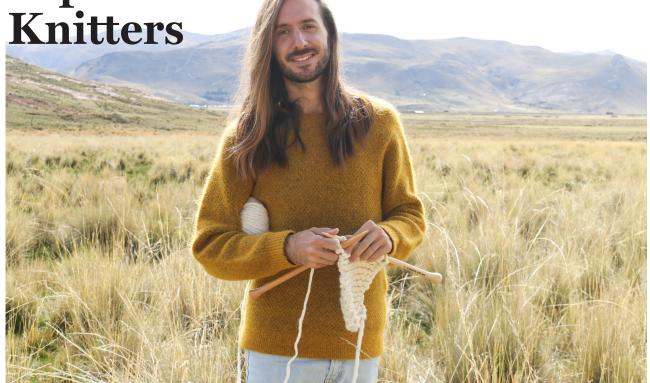


Chinese Laundry Starley Peep Toe Heel, **\$59.95**, *chineselaundry.com*

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Meet Alberto Bravo and

Pepita Marín of We Are



WHAT STARTED AS A LABEL WITH A TEAM OF JUST TWO HAS GONE GLOBAL. AVAILABLE IN 47 COUNTRIES NOW, WE'VE WATCHED WE ARE KNITTERS FLOURISH SPECTACULARLY IN AN INDUSTRY KNOWN FOR INSTABILITY. THEIR STYLISH APPROACH TO KNITTING AND KITS THAT COME WITH EVERYTHING YOU NEED AT HAND HAS PULLED IN A MASSIVE FOLLOWING. THEIR IDEAS, BUSINESS GROWTH, AND INCREASING COMMUNITY OF FANS ARE WHY WE'RE EXCITED TO SHARE AN INTERVIEW WITH ALBERTO BRAVO, ONE OF THE FOUNDERS OF WE ARE KNITTERS, WITH YOU!







BRAND PROFILE

It's been such a pleasure watching We Are Knitters grow tremendously over these past few years. We were always curious, what made you start up this company?

Pepita and I were visiting a friend in NYC about ten years ago and saw that there were a lot of people knitting in cafes. There were shops with beautiful yarns in Soho, and we saw this super trendy girl knitting in the subway. Nothing like that was happening in our hometown of Madrid. We decided to give it a try and learned how to knit with video tutorials we found on the internet. We liked it a lot and said, "if we can do it, others can do it too." That's how it all started.

Everything is broken down into kits and level of difficulty, what's the development like for each style or kit? In the beginning, we had very basic patterns and easy kits. Over the years, our customers and community have grown more skilled, and the demand for more advanced kits with more intricate stitches and patterns have also grown. Now we try to have a range of beginners, easy, intermediate and advanced level kits for each collection, so no one feels left out.

Looking at the sweaters and tees, we love that the styles are contemporary. Has that been a core part of the design plan from the beginning?

Well, thank you! And yes, when we first started, we definitely wanted more modern designs that would bring knitting to a new generation of consumers. This is not your grandma's old clunky patterns, but fresh contemporary styles that are chic, cool, and fashionable. Our pieces have been featured in Vogue, and similar high fashion magazines.

What's one of the hardest challenges you've had to overcome as entrepreneurs?

Pepita and I met working at a very "safe" but boring auditing company. Our friends and family thought we were crazy to leave our steady jobs to start a company that sold knitting kits on the internet. Knitting was not a popular or cool hobby back then as it is now. As entrepreneurs, sometimes you just have to block out the naysayers and follow your own instincts.

Knitting and crocheting is more like a community. People want to share in the joy of creating something for themselves with others and praise those doing the same. Seeing all the tagged posts on social media, how does it make you feel knowing your company is bringing so many people together?

We feel super proud and happy to see this wonderful engagement. We love connecting people all over the world, and not just through social media, but also physically in real life knitting meet-ups and parties!

It's incredible; you're now available in 47 countries! How was that expansion for you, especially when We Are Knitters started as just a team of two?

Our expansion has been a very organic process. We first launched in Spain but then saw web traffic coming from Germany, so that was our second market. Then we saw more customers coming from France and the US, so that was our third and fourth market. Now, Spain only makes up five percent of our business, while the US is our number one market! With each market we enter, we try to be as "local" as we can with a translated website, packaging, and even instructional videos in native languages! This year, we are excited to launch in Japan.

Finally, for fun, what's your favorite kit?

Downtown Snood. It is such a classic style and super easy with only one skein of yarn. I recommend this kit to every new knitter because it is a fast project, inexpensive, and a great gateway to more intricate styles!

14 COMPOSURE 15 COMPOSURE

Swim Frend

SUN, SAND & SWIM





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Vitamin A by Amahlia Stevens Lou Top and Rosie Bottom, \$106 and \$99, vitaminaswim.com







COMPOSURE 17 COMPOSURE

Opera Recycles by Opera Carolina Presents at Paris Fashion Week

FASHION STORY











FASHION STORY





OPERA CAROLINA, FOUNDED IN 1948, is the most substantial opera company in the Carolinas serving more than 65,000 people annually in Northern Georgia, South Carolina, and North Carolina. As one of the most successful opera companies in the Southeast, Opera Carolina leaves a powerful impression that has diversified the Opera audience vastly during the last eight seasons. Their vision is "engaging, exceptional, and enduring."

During the Oxford Fashion Studio show held at the InterContinental Paris - Le Grand, Opera Carolina presents an extraordinary line of opera couture that is entirely made of recycled materials.

Opera Recycles embodies the artful culture of opera while demonstrating the skillful and inventive approach to sustainable fashion. With six local designers, this eco-friendly runway show represented the city of Charlotte, North Carolina.

The featured designers included Italia Flores, Edelweiss De Guzman, Malou Cordery, Lyndsee Hairston, Rocio Llusca, and Sarah Danee McGee. Each couture gown and fashion piece was carefully and intricately designed and created from recyclable materials, including postcards, old playbills, and foil. Opera Carolina's marketing director, Megan Miller, stated, "This has exceeded my expectations. Not only has this initiative help promote the importance of sustainability and environmental conservation, but we also are able to bring a piece of Charlotte to Paris".

Opera Carolina plans to continue to promote the efforts of sustainability to the community while expanding opera to new audiences around the city of Charlotte. They also plan to further their mission of uplifting the livelihood of diverse communities throughout their home region by the performance of superb opera.

8 COMPOSURE 19 COMPOSURE

Summer Sandal

SLIP INTO SUMMER WEARING OUR FAVORITE FINDS—PLUS, BUDGET-WORTHY OPTIONS!

Christian Louboutin Faridaravie, \$775, us.christianlouboutin.com





Kristin Cavallari Low Light Block Heel Sandal, \$130, chineselaundry.com





Zara Woven Flat Sandal, **\$89.90**, zara.com











INUIKII Velvet Decorative Chain Sandal, \$337, inuikii.com



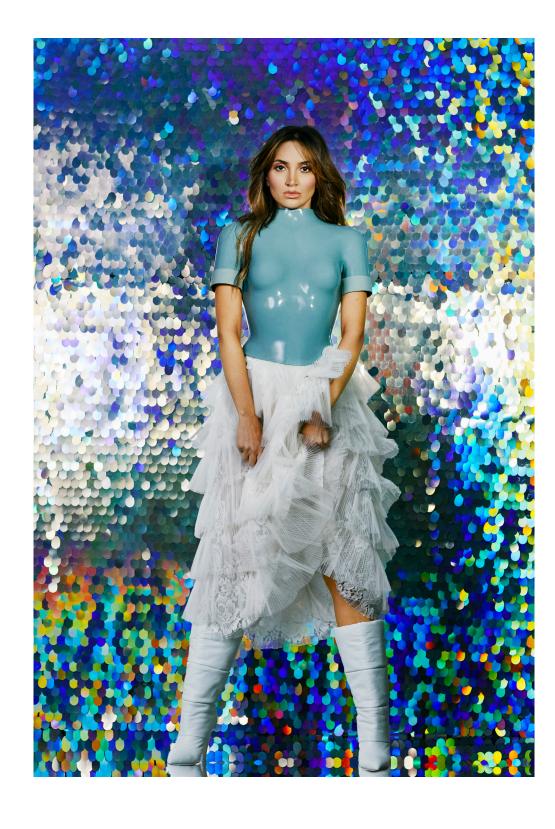


Bernardo 1946 Mariah Sandal, **\$69**, bernardo1946.com



20 COMPOSURE 21 COMPOSURE





PHOTOGRAPHER DIANA KING
STYLING/CREATIVE DIRECTOR: ROBIAT BALOGUN
MAKEUP ARCHANGELA CHELSEA @CELESTINE AGENCY
HAIR YUICHI ISHIDA

That is why I decided to bridge the gap between the medical industry and the entertainment industry. There are millions of devoted scientists who sacrifice their lives to discover new ways to treat different diseases, including cancer. Unfortunately, those people are often left unnoticed with no publicity. It's important to keep in mind that health is our biggest wealth and asset.

Megan Pormer

STORY BY MIN A. LEE

YOU ACT, MODEL, BUT MOST IMPORTANTLY, YOU'RE AN ACCOMPLISHED BIOMEDICAL ENGINEER GIVING VOICE TO THE POSSIBILITIES OF GENETICS TESTING! WHAT MOTIVATED YOU TO PURSUE THIS FIELD OF STUDY DURING UNIVERSITY?

-My childhood was spent with my grandfather, who was a doctor and was really passionate about medical discoveries and helping his patients. At age 6, I remember crunching vitamin pills and mixing them up and dreaming about inventing a pill that would cure cancer. Helping sick pa-tients is the dearest subject to my heart. I figured with all the new

research and discoveries in the medical field, a lot of people who are suffering from different diseases can be disease-free only if they were aware of all the available treatment options. I wanted to be the voice [which] raises that awareness.

AT ONLY 5 YEARS OLD, YOU WERE SELECTED AS A UNITED NATIONS REPRESENTATIVE FOR CHILDREN'S RIGHTS. TELL US HOW THIS CAME ABOUT?

—I was at kindergarten when a UN representative came for a random visit to evaluate our kinder-garten. She asked a lot of questions from different students on what things we

want changed and what differences we want to see in the world as a child, and I remember standing up and giving her a lengthy lecture, haha!

Next thing I knew, my parents got a call, and they wanted me to be-come a UN representative.

AT COMPOSURE, WE AIM TO BRING INFLUENCERS WITH STRONG BACKGROUNDS IN ADVOCACY TO THE FOREFRONT. HOW OFTEN DO YOU FIND PEOPLE LACK AWARENESS IN CANCER AND GENETICS RESEARCH?

-A LOT! That is why I decided to bridge the gap between the medical industry and the entertain-ment



industry. There are millions of devoted scientists who sacrifice their lives to discover new ways to treat different diseases, including cancer. Unfortunately, those people are often left un-noticed with no publicity. It's important to keep in mind that health is our biggest wealth and asset.

FOR READERS INTERESTED IN CHARITABLE CAUSES TOWARDS THESE SPECIFIC AREAS, WHAT ARE SOME ORGANIZATIONS YOU HOLD IN HIGH REGARD?

-Stand Up To Cancer and Susan G. Komen.

LET'S TALK A LITTLE ABOUT YOUR ACTING! DID YOU EVER THINK THESE TWO VERY DIFFERENT WORLDS WOULD COLLIDE—HOLLYWOOD AND SCIENCE?

-Those two worlds only started to collide when Angelina Jolie spoke publicly about her double mastectomy. That was the day I felt determined to do everything I possibly can to make those two worlds collide.

YOU HAVE A MOVIE BENEATH A SEA OF LIGHTS IN POST-PRODUCTION. ARE YOU ABLE TO GIVE US A SNEAK PEEK INTO THE CHARACTER YOU PORTRAY IN THE FILM?

—My character, Lucie, is in charge of some of the most expensive jewelry pieces in the world while living in Dubai, which is one of the most exotic places in the world. However, behind all the glamour and the bling of the jewelry pieces, she is trying to become a better judge of character to understand what is real and what is deceiving.

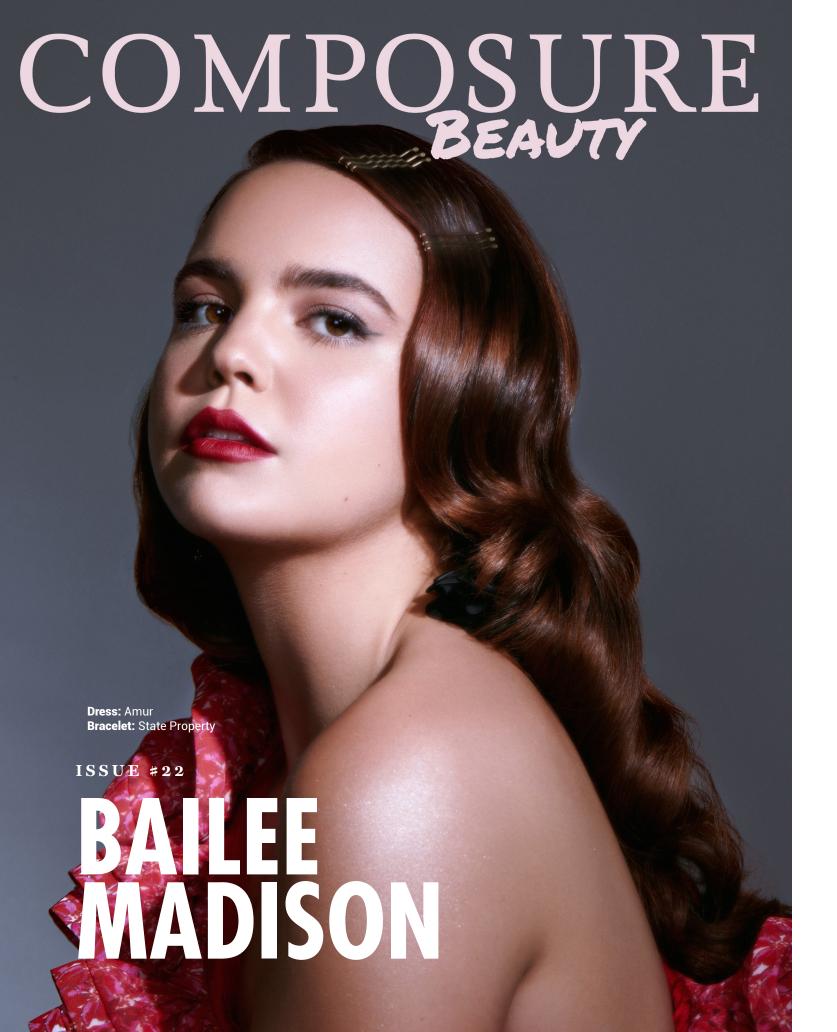
YOU'VE WALKED RUNWAYS AT FASHION WEEK AND HAVE GRACED A MULTITUDE OF MAGAZINE COVERS. WAS MODELING YOUR FIRST PASSION?

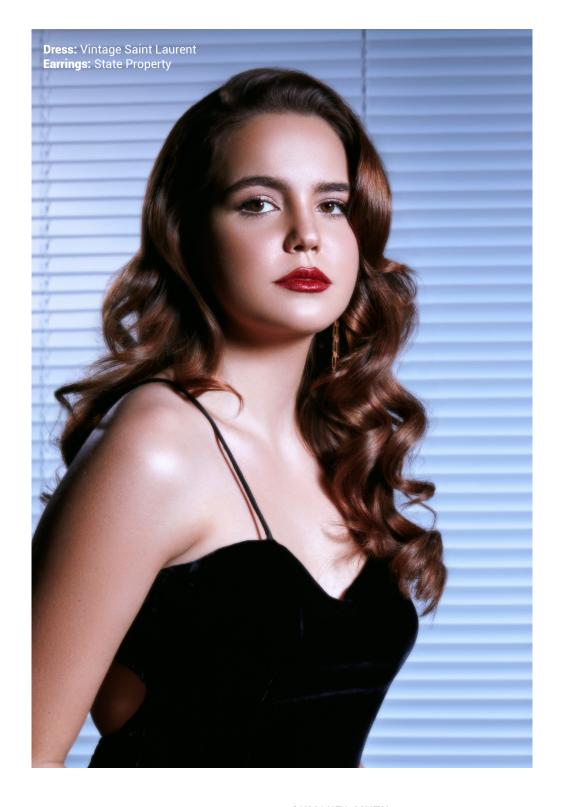
—Being a spokesmodel is my first passion—a model who can talk as beautifully as she can walk the runway.

FINALLY, TELL US WHAT'S NEXT FOR MEGAN PORMER?

-I am all about finding meaningful scripts to collaborate in movies with people who stand for a good cause in this world and collaborate with brands with a strong message while utilizing my platform in Hollywood to raise awareness about cancer prevention and treatment.







PHOTOGRAPHER SUMANTA MUTH
CREATIVE DIRECTOR: ROBIAT BALOGUN
STYLING: AMANDA LIM
MAKEUP ARCHANGELA CHELSEA @CELESTINE AGENCY
HAIR JENNA GARAGIOLA @CLOUTIER REMIX
NAILS NAOKO SAITA

My advice would be to be easy on yourself.

I find that people hear about so many overnight success stories, and that can paint an unrealistic picture in someone's head.

Know that things take time. If you aren't on set filming or you haven't booked that dream job, start making your own opportunities!

Bailee Madison

STORY BY MIN A. LEE

AT JUST 19 YOU HAVE A VAST FILMOGRAPHY. FROM ONE OF YOUR EARLIEST FILMS BRIDGE TO TERABITHIA THROUGH YOUR CURRENT ROLE ON THE GOOD WITCH AS GRACE RUSSELL—WHAT GOT YOU INTO ACTING AS A CHILD, AND INSPIRED YOU TO CONTINUE PURSUING THIS CAREER?

—I'm a very faith-focused person, and so I believe it was truly a God thing. My older sister was auditioning for a film, and I was in the waiting room with our mom. I was 4 at the time, and the casting director saw me and asked if I wanted to audition for this role they had. I had never auditioned or acted before, except for small commercials with my mom. My sister and my mom turned to me, and I said, "Sure!" I ended up booking that movie, and then a few months later, I

found myself in New Zealand filming a movie called Bridge to Terabithia. From there, a journey began that none of us thought was going to happen. I found what I loved to do at a young age, which is something most people can't say, and I'm so grateful and humbled.

SEASON 5 OF THE GOOD WITCH IS ABOUT TO BEGIN, CAN YOU TEASE US ON ANY OF THE STORYLINES FOR THE SHOW AND GRACE?

—I'm looking forward to everyone seeing this season. Grace is growing up a ton, and like any 19-year-old, she's struggling to figure out what she wants to do, who she really is and if she's doing anything right. You see her worrying about getting into college, realizing she won't be home, experiencing her first heartbreak and

then trying to open up her heart to new love.

HAVING WORKED IN THE ENTERTAINMENT INDUSTRY FOR WELL OVER A DECADE, WHAT ADVICE WOULD YOU GIVE KIDS AND YOUNG TEENS WANTING TO ACT?

—My advice would be to be easy on yourself. I find that people hear about so many overnight success stories, and that can paint an unrealistic picture in someone's head. Know that things take time. If you aren't on set filming or you haven't booked that dream job, start making your own opportunities! Write! Film! Create! We live in a world where social media can be used as a tool to tell our own stories. So we should use it!



Writing has always held a special place in my heart. I'm constantly writing throughout the day, whether it's a script idea, a song, or a future book. Conversations are being had right now about diving into the book world, and I'm looking forward to seeing where that goes.

NOT ONLY ARE YOU A TALENTED ACTRESS, BUT YOU'RE ALSO A PUBLISHED AUTHOR! YOUR FIRST BOOK CO-AUTHORED WITH STEFNE MILLER WAS VERY WELL-RECEIVED, DO YOU HAVE PLANS TO WRITE MORE SOON?

—Writing has always held a special place in my heart. I'm constantly writing throughout the day, whether it's a script idea, a song, or a future book. Conversations are being had right now about diving into the book world, and I'm looking forward to seeing where that goes. I really believe timing is everything and if I put anything out, I'd want it to be near perfect.

YOU GRACE OUR BEAUTY COVER THIS ISSUE, SO WE WANT TO ASK A BIT MORE ABOUT SKINCARE AND MAKEUP. CAN YOU TELL US HOW YOU KEEP YOUR SKIN IN SUCH BEAUTIFUL SHAPE?

-I'm a firm believer in no makeup days. With the job I do, I'm constantly wearing makeup on set or for events, so when I have a day I can let my skin breathe, I take the opportunity!
Kate Somerville has been so helpful
with teaching me how to take care of
my skin in the now and also giving
me tips to start preventing aging. I
use their Goat Milk cleanser, their
DermalQuench Wrinkle Warrior and
then I follow that with their Dilo Oil.
I also love this Rosewater and Aha
toner from Little Barn Apothecary. It's
all natural, which I adore.

WHAT BEAUTY MUST-HAVES DO YOU KEEP IN YOUR BAG WHEN ON-THE-GO?

—An eyelash curler, lip balm and a bit of concealer.

MAKEUP FOR FILMS AND TELEVISION CAN BE INTENSIVE. WHAT'S ONE OF YOUR WILDEST LOOKS FROM THE SETS YOU'VE WORKED ON?

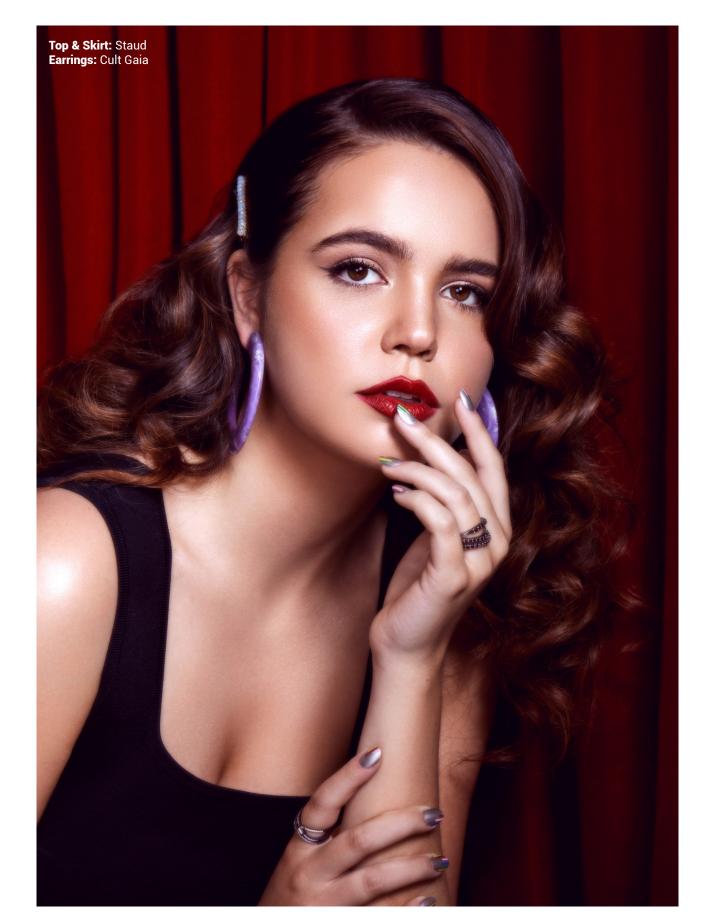
-Horror films are so much fun to film because you are guaranteed a ton of blood and dirt!! The Strangers: Prey At Night was a blast because every day I was drenched with fake blood, cuts, and dirt. At one point I had so many bruises from doing my stunts we actually had to start covering up my own.

DO YOU HAVE ANY MAKEUP ARTISTS OR BEAUTY INFLUENCERS YOU ADMIRE?

—I have been so fortunate through the years to meet such talented makeup artists, who have been kind enough to paint my face and are now people I can call dear friends. Megan Lanoux, who has been doing my makeup since I was 13, Carissa Ferreri, Kelsey Deenihan, Katrina Klein and Melissa Hernandez are women I admire so much for their work and their hearts!

TO END WITH, FOR FUN, WHAT'S ONE THING YOUR FANS MIGHT NOT KNOW ABOUT YOU?

-I've always been a lover of music, and it's been a dream of mine to pursue it. I've been spending the last few months in the studio writing and recording, and I'm so excited to share with people what I've been working on soon!



COMPOSURE 33 COMPOSURE







TOO COOL FOR SCHOOL COCONUT MILKY MIST

Summer is coming and we always need extra hydration boost to the skin. Spray this facial mist before, during, and after your makeup application to get that dewy and luminous skin all day.—\$14.00

BEAUTY editor's pick

LUMENE GLOW REVEAL MOISTURIZER

Get that perfectly radiant and glowing looking skin using this Vitamin-C infused mositurizer for both day and night. This lightweight cream will instantly hydrate your skin and promote healthy and youthful looking skin.—\$23.99



FACE HALO ORIGINAL

This product has truly changed the makeup game!
This one-step modern makeup remover using HaloTech fibre technology gently remove makeup while also help exfoliate the skin. The other good thing is, you can also wash this product for up to 200 times!—\$22.00







